



La Mesa Youth Advisory Commission

Minutes of a Regular Meeting

Date: February 9, 2026, 4:30 p.m.
Location: La Mesa Community Center Conference Room, 4975 Memorial Drive
La Mesa, California

Present: Commissioner Kelsey Avalos-Reid
Commissioner Carota
Commissioner Aliyah Lee
Commissioner Nate Madrid
Commissioner Grace Reagan
Commissioner Maya Sapp

Absent: Commissioner Alexandra Arapostathis
Commissioner Laycie Ann Campana
Commissioner Myriam Garcia
Commissioner Xochitl Willow Gomez
Commissioner Kallan Rossiter
Commissioner Anthony Salameh
Commissioner Hailey West

Staff: Parks and Recreation Manager Joshua Gomez
Recreation Supervisor Isabel Armenta

1. **CALL TO ORDER**

Commissioner Reagan called the meeting to order at 4:31 PM.

1.1 **PLEDGE OF ALLEGIANCE**

2. **ADDITIONS AND/OR DELETIONS TO THE AGENDA**

3. **PRESENTATION**

4. **PUBLIC COMMENTS – (TOTAL TIME – 15 MINUTES)**

NOTE: In accordance with state law, an item not scheduled on the agenda may be brought forward by the general public for comment; however, the Youth Advisory Commission will not be able to discuss or take any action on the item at this meeting. If appropriate, the item will be referred to Staff or placed on a future agenda.

5. CURRENT BUSINESS

5.1 APPROVE MINUTES FOR JANUARY 12, 2026 MEETING

Moved by Commissioner Madrid

Seconded by Commissioner Carota

Motion Approved

5.2 TEEN NIGHT EVENT PLANNING

Commissioners brainstormed details on Teen Night and came to an agreement on the layout of the event.

5.3 CALENDAR REVIEW

Commissioners were given an update on the calendar of upcoming events in March and April.

March 9 - Public Works Facility Tour

April 13 - Regular Meeting

April 18 - Earth Day - Volunteer

May 11 - Last Meeting of the school year

May 15 - Teen Night

5.4 TEEN TALK

Commissioners discussed their weekend.

6. STAFF AND COMMISSIONER ANNOUNCEMENTS

7. ADJOURNMENT

Commissioner Reagan adjourned the meeting at 5:10 PM