



REPORT to the MAYOR and MEMBERS of the CITY COUNCIL
From the CITY MANAGER

DATE: September 24, 2024

SUBJECT: RESOLUTION AUTHORIZING SUBMITTAL OF A GRANT APPLICATION TO THE COUNTY OF SAN DIEGO NEIGHBORHOOD REINVESTMENT PROGRAM FOR LA MESITA PARK FITNESS PLAZA IMPROVEMENTS, AND IF AWARDED, ACCEPTING AND APPROPRIATING FUNDS, AND APPOINTING THE DIRECTOR OF COMMUNITY SERVICES, OR DESIGNEE, TO EXECUTE ALL AGREEMENTS AND ANY AMENDMENTS

ISSUING DEPARTMENT: Community Services

SUMMARY:

Issues:

Should the City Council adopt a resolution authorizing submittal of a grant application to the County of San Diego Neighborhood Reinvestment Program for La Mesita Park Fitness Plaza Improvements for an amount up to \$200,000, and if awarded, accepting and appropriating funds, and appointing the Director of Community Services, or designee, to execute all agreements and any amendments.

Recommendation:

That the City Council adopt a resolution authorizing submittal of a grant application to the County of San Diego Neighborhood Reinvestment Program for La Mesita Park Fitness Plaza Improvements for an amount up to \$200,000, and if awarded, accepting and appropriating funds, and appointing the Director of Community Services, or designee, to execute all agreements and any amendments.

Fiscal Impact:

The grant has no local fund match requirement; therefore, no City funds will be needed.

City's Strategic Goals:

- Maintain a community where residents and visitors feel safe.
- Invest in infrastructure to serve the needs of the community.

BACKGROUND:

The 2012 City of La Mesa Park Master Plan recommended that outdoor fitness equipment be added to La Mesita Park to enhance recreational opportunities, based on community input and space available.

In 2022, the City was awarded a California Park and Recreation Society 75th Anniversary Fitness Grant in the amount of \$10,000 and a \$40,000 Age Friendly Community Grant from the San Diego Foundation for Phase I of the La Mesita Park Fitness Plaza. Phase I included the installation of a seven-piece outdoor fitness system to a portion of the existing concrete pad adjacent to the playground, providing inclusive fitness opportunities to those with disabilities, engaging our senior demographic, facilitating training for all fitness levels, activating an unused area in the park, and creating exercise activities for parents while children are at sports practices and/or on the playground. In December 2023, rubberized fall surfacing was installed.

Phase II of the project, with an estimated cost of \$200,000, includes a shade structure, additional site furnishings, and landscaping. This phase is currently unfunded and applying for the grant provides the City the opportunity to complete the La Mesita Park Fitness Plaza project.

DISCUSSION:

The Neighborhood Reinvestment Program presents an opportunity to fund and complete the La Mesita Park Fitness Plaza Improvements. If the application is successful, construction can begin upon appropriation of the funds and execution of a grant contract. The funds must be used within 12 months.

CONCLUSION:

Staff recommends the City Council adopt a resolution authorizing submittal of a grant application to the County of San Diego Neighborhood Reinvestment Program for La

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Mesita Park Fitness Plaza Improvements for an amount up to \$200,000, and if awarded, accepting and appropriating funds, and appointing the Director of Community Services, or designee, to execute all agreements and any amendments.

Reviewed by:



Greg Humora
City Manager

Respectfully submitted by:



Susan Richardson
Director of Community Services

Attachments: A. Resolution Authorizing Submittal of Grant Application