



## LA MESA YOUTH ADVISORY COMMISSION AGENDA

### A Regular Meeting

**Date:** Monday, April 13, 2026, 4:30 p.m.  
**Location:** La Mesa Community Center Conference Room, 4975 Memorial Drive  
La Mesa, California

**Commissioners:** Commissioner Alexandra Arapostathis  
Commissioner Kelsey Avalos-Reid  
Commissioner Laycie Ann Campana  
Commissioner Loretta Carota  
Commissioner Myriam Garcia  
Commissioner Xochitl Willow Gomez  
Commissioner Aliyah Lee  
Commissioner Nate Madrid  
Commissioner Grace Reagan  
Commissioner Kallan Rossiter  
Commissioner Anthony Salameh  
Commissioner Maya Sapp  
Commissioner Hailey West

The public may view the meeting in-person or live using the following remote options:

Teleconference Meeting Webinar

<https://www.zoomgov.com/j/1603832328>

Telephone (Audio only)

(669) 216-1590 or (669) 254-5252 Webinar ID: 160 383 2328

Copy and paste the webinar link into your internet browser if the webinar link does not work directly from the agenda.

### **PUBLIC COMMENTS**

- **In-Person comments during the meeting:** Join us for the Commission meeting at the time

and location specified on this agenda to make your comments. Comments will be limited to three (3) minutes.

- **How to submit eComments:** eComments are available once an agenda is published. Locate the meeting in "upcoming meetings" and click the comment bubble icon. Click on the item you wish to comment on. eComments can be submitted when the agenda is published and until **24 hours prior** to the meeting. eComments are limited to 3700 characters (approximately 500 words). eComments may be viewed by the Commission and members of the public following the close of the eComment submission period (24 hours prior to the meeting). Email your comment to [IArmenta@cityoflamesa.gov](mailto:IArmenta@cityoflamesa.gov) if you have difficulty submitting an eComment. eComments will not be read aloud as a regular meeting item; however any member of the Commission or member of the public may do so during their respective comment time.

**PLEASE NOTE:** Public Comment will be limited to 3 minutes per item. The timer begins when the participant begins speaking. Time cannot be combined or yielded to another speaker.

Citizens who wish to make an audio/visual presentation pertaining to an item on the agenda, or during Public Comments, should contact the Parks and Recreation Department at 619.667.1300, no later than 12:00 p.m., the business day prior to the meeting day. Advance notification will ensure compatibility with City equipment and allow Commission meeting presentations to progress smoothly and in a consistent and equitable manner. Please note that all presentations/digital materials are considered part of the maximum time limit provided to speakers.

Agenda reports for items on this agenda are available for public review at the Parks and Recreation Department, 4975 Memorial Drive, during normal business hours.

Materials related to an item on this agenda submitted to the Commission after distribution of the agenda packet are available for public inspection at the Parks and Recreation Department, 4975 Memorial Drive, during normal business hours.

**ACCESSIBILITY:** The City of La Mesa encourages the participation of disabled individuals in the services, activities and programs provided by the City. Individuals with disabilities, who require reasonable accommodation in order to participate in the Commission meetings, should contact the Human Resources Department 48 business hours prior to the meeting at 619.667.1175, fax 619.667.1163, or [BCruz-Rivera@cityoflamesa.gov](mailto:BCruz-Rivera@cityoflamesa.gov).

Hearing assisted devices are available for the hearing impaired. A City staff member is available to provide these devices upon entry to City Council meetings, commission meetings or public hearings held in the City Council Chambers. A photo ID or signature will be required to secure a device for the meeting.

1. **CALL TO ORDER**
  - 1.1 **PLEDGE OF ALLEGIANCE**
2. **ADDITIONS AND/OR DELETIONS TO THE AGENDA**
3. **PRESENTATION**
4. **PUBLIC COMMENTS – (TOTAL TIME – 15 MINUTES)**

NOTE: In accordance with state law, an item not scheduled on the agenda may be brought forward by the general public for comment; however, the Youth Advisory Commission will not be able to discuss or take any action on the item at this meeting. If appropriate, the item will be referred to Staff or placed on a future agenda.
5. **CURRENT BUSINESS**
  - 5.1 **APPROVE MINUTES FOR FEBRUARY 9, 2026 MEETING** 4

**Recommended Motion:**  
To approve the minutes.
  - 5.2 **APPROVE MINUTES FOR MARCH 9, 2026 MEETING** 6

**Recommended Motion:**  
To approve the minutes.
  - 5.3 **CALENDAR REVIEW**

April 18 - Earth Day

May 11 - Last Meeting

May 15 - Teen Night

June 13 - Flag Day
  - 5.4 **FINALIZE TEEN NIGHT**
  - 5.5 **TEEN TALK**
6. **STAFF AND COMMISSIONER ANNOUNCEMENTS**
7. **ADJOURNMENT**



## La Mesa Youth Advisory Commission

### Minutes of a Regular Meeting

Date: February 9, 2026, 4:30 p.m.  
Location: La Mesa Community Center Conference Room, 4975 Memorial Drive  
La Mesa, California

Present: Commissioner Kelsey Avalos-Reid  
Commissioner Carota  
Commissioner Aliyah Lee  
Commissioner Nate Madrid  
Commissioner Grace Reagan  
Commissioner Maya Sapp

Absent: Commissioner Alexandra Arapostathis  
Commissioner Laycie Ann Campana  
Commissioner Myriam Garcia  
Commissioner Xochitl Willow Gomez  
Commissioner Kallan Rossiter  
Commissioner Anthony Salameh  
Commissioner Hailey West

Staff: Parks and Recreation Manager Joshua Gomez  
Recreation Supervisor Isabel Armenta

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1. **CALL TO ORDER**

Commissioner Reagan called the meeting to order at 4:31 PM.

1.1 **PLEDGE OF ALLEGIANCE**

2. **ADDITIONS AND/OR DELETIONS TO THE AGENDA**

3. **PRESENTATION**

4. **PUBLIC COMMENTS – (TOTAL TIME – 15 MINUTES)**

NOTE: In accordance with state law, an item not scheduled on the agenda may be brought forward by the general public for comment; however, the Youth Advisory Commission will not be able to discuss or take any action on the item at this meeting. If appropriate, the item will be referred to Staff or placed on a future agenda.

**5. CURRENT BUSINESS**

**5.1 APPROVE MINUTES FOR JANUARY 12, 2026 MEETING**

**Moved by** Commissioner Madrid  
**Seconded by** Commissioner Carota

**Motion Approved**

**5.2 TEEN NIGHT EVENT PLANNING**

Commissioners brainstormed details on Teen Night and came to an agreement on the layout of the event.

**5.3 CALENDAR REVIEW**

Commissioners were given an update on the calendar of upcoming events in March and April.

March 9 - Public Works Facility Tour

April 13 - Regular Meeting

April 18 - Earth Day - Volunteer

May 11 - Last Meeting of the school year

May 15 - Teen Night

**5.4 TEEN TALK**

Commissioners discussed their weekend.

**6. STAFF AND COMMISSIONER ANNOUNCEMENTS**

**7. ADJOURNMENT**

Commissioner Reagan adjourned the meeting at 5:10 PM



## La Mesa Youth Advisory Commission

### Minutes of a Regular Meeting

Date: March 9, 2026, 4:30 p.m.  
Location: Public Works Operations Yard, 8152 Commercial Street  
La Mesa, California

Present: Commissioner Alexandra Arapostathis  
Commissioner Kelsey Avalos-Reid  
Commissioner Carota  
Commissioner Xochitl Willow Gomez  
Commissioner Aliyah Lee  
Commissioner Nate Madrid  
Commissioner Grace Reagan  
Commissioner Kallan Rossiter  
Commissioner Hailey West

Absent: Commissioner Laycie Ann Campana  
Commissioner Myriam Garcia  
Commissioner Anthony Salameh  
Commissioner Maya Sapp

Staff: Parks and Recreation Manager Joshua Gomez  
Recreation Supervisor Isabel Armenta

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#### 1. **CALL TO ORDER**

Chairperson Rossiter called the meeting to order at 4:30 PM.

##### 1.1 **PLEDGE OF ALLEGIANCE**

#### 2. **ADDITIONS AND/OR DELETIONS TO THE AGENDA**

#### 3. **PRESENTATION**

##### 3.1 **INTRODUCTION TO PUBLIC WORKS OPERATIONS**

The Department of Public Works gave a tour of their work space. They introduced different supplies and equipment to the Commissioners, while

also informing the Commissioners of the different tasks and projects they work on.

**4. PUBLIC COMMENTS – (TOTAL TIME – 15 MINUTES)**

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**5. CURRENT BUSINESS**

**5.1 PUBLIC WORKS YARD TOUR**

**6. STAFF AND COMMISSIONER ANNOUNCEMENTS**

**7. ADJOURNMENT**

Chairperson Rossiter adjourned the meeting at 5:30 PM.